

Comparative Effectiveness of Various Treatments for Autism.xls

In Alphabetic Order

In Efficacy Sorted Order

(Those highlighted have a high better to worse ratio)

Dietary Changes

| | Got Worse | No Effect | Got Better | Better: Worse | No. of Cases |
|-----------------------------|-----------|-----------|------------|---------------|--------------|
| Candida Diet | 3% | 44% | 54% | '19:1 | 756 |
| Feingold Diet | 2% | 45% | 53% | '25:1 | 758 |
| Gluten- /Casein-Free Diet | 3% | 32% | 65% | '20:1 | 1446 |
| Removed Chocolate | 2% | 49% | 49% | '30:1 | 1721 |
| Removed Eggs | 2% | 58% | 40% | '19:1 | 1096 |
| Removed Milk Products/Dairy | 2% | 49% | 49% | '32:1 | 5574 |
| Removed Sugar | 2% | 51% | 48% | '24:1 | 3695 |
| Removed Wheat | 2% | 50% | 48% | '29:1 | 3159 |
| Rotation Diet | 2% | 50% | 48% | '21:1 | 792 |

Dietary Changes

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|-----------------------------|-----------|-----------|------------|---------------|--------------|
| Gluten- /Casein-Free Diet | 3% | 32% | 65% | '20:1 | 1446 |
| Candida Diet | 3% | 44% | 54% | '19:1 | 756 |
| Feingold Diet | 2% | 45% | 53% | '25:1 | 758 |
| Removed Chocolate | 2% | 49% | 49% | '30:1 | 1721 |
| Removed Milk Products/Dairy | 2% | 49% | 49% | '32:1 | 5574 |
| Removed Sugar | 2% | 51% | 48% | '24:1 | 3695 |
| Removed Wheat | 2% | 50% | 48% | '29:1 | 3159 |
| Rotation Diet | 2% | 50% | 48% | '21:1 | 792 |
| Removed Eggs | 2% | 58% | 40% | '19:1 | 1096 |

Medical Interventions

| | Got Worse | No Effect | Got Better | Better: Worse | No. of Cases |
|------------------------|-----------|-----------|------------|---------------|--------------|
| Aderall | 41% | 25% | 34% | '0.8:1 | 475 |
| Amphetamine | 47% | 28% | 25% | '0.5:1 | 1217 |
| Anafranil | 32% | 38% | 30% | '1.0:1 | 381 |
| Antibiotics | 31% | 57% | 12% | '0.4:1 | 1799 |
| AntifungalsC: Diflucan | 5% | 41% | 55% | '11:1 | 330 |
| AntifungalsC: Nystatin | 5% | 46% | 49% | '10:1 | 986 |
| Atarax | 25% | 53% | 22% | '0.9:1 | 477 |
| Benadryl | 24% | 51% | 25% | '1.0:1 | 2711 |
| Beta Blocker | 18% | 50% | 33% | '1.9:1 | 256 |
| Buspar | 26% | 44% | 30% | '1.1:1 | 328 |
| Chloral Hydrate | 41% | 38% | 21% | '0.5:1 | 418 |
| Clonidine | 21% | 31% | 47% | '2.2:1 | 1280 |
| Clozapine | 40% | 42% | 18% | '0.4:1 | 102 |
| Cogentin | 19% | 54% | 27% | '1.5:1 | 162 |
| Cylert | 45% | 35% | 20% | '0.4:1 | 600 |
| Deanol | 15% | 56% | 30% | '2.0:1 | 200 |
| Depakened: Behavior: | 25% | 43% | 32% | '1.2:1 | 957 |
| Depakened: Seizures | 12% | 32% | 57% | '4.8:1 | 627 |

Medical Interventions

| | Got Worse | No Effect | Got Better | Better: Worse | No. of Cases |
|------------------------------|------------|------------|------------|---------------|--------------|
| Depakene: Seizures | 12% | 32% | 57% | '4.8:1 | 627 |
| Antifungals: Diflucan | 5% | 41% | 55% | '11:1 | 330 |
| Tegretol: Seizures | 12% | 33% | 55% | '4.6:1 | 762 |
| Risperidal | 18% | 28% | 54% | '3.0:1 | 616 |
| Dilantin: Seizures | 14% | 36% | 50% | '3.5:1 | 400 |
| Antifungals: Nystatin | 5% | 46% | 49% | '10:1 | 986 |
| Secretin: Intravenous | 7% | 44% | 48% | '6.7:1 | 333 |
| Clonidine | 21% | 31% | 47% | '2.2:1 | 1280 |
| IVIG | 7% | 51% | 42% | '6.3:1 | 45 |
| Paxil | 29% | 30% | 41% | '1.4:1 | 283 |
| Secretin: Transdermal | 10% | 49% | 41% | '4.2:1 | 132 |
| Phenobarbital: Seizures | 17% | 43% | 40% | '2.4:1 | 480 |
| Prozac | 31% | 32% | 36% | '1.2:1 | 1123 |
| Luvox | 29% | 35% | 35% | '1.2:1 | 161 |
| Aderall | 41% | 25% | 34% | '0.8:1 | 475 |
| Desipramine | 34% | 31% | 34% | '1.0:1 | 67 |
| Haldol | 38% | 28% | 34% | '0.9:1 | 1154 |
| Klonapin: Behavior | 28% | 38% | 34% | '1.2:1 | 192 |

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| | | | | | |
|--------------------------|-----|-----|-----|--------|------|
| Desipramine | 34% | 31% | 34% | '1.0:1 | 67 |
| DilantinD: Behavior | 28% | 49% | 23% | '0.8:1 | 1077 |
| DilantinD: Seizures | 14% | 36% | 50% | '3.5:1 | 400 |
| Felbatol | 21% | 53% | 26% | '1.2:1 | 43 |
| Fenfluramine | 20% | 52% | 28% | '1.4:1 | 459 |
| Halcion | 37% | 37% | 26% | '0.7:1 | 54 |
| Haldol | 38% | 28% | 34% | '0.9:1 | 1154 |
| IVIG | 7% | 51% | 42% | '6.3:1 | 45 |
| KlonapinD: Behavior | 28% | 38% | 34% | '1.2:1 | 192 |
| KlonapinD: Seizures | 31% | 60% | 10% | '0.3:1 | 42 |
| Lithium | 26% | 43% | 31% | '1.2:1 | 410 |
| Luvox | 29% | 35% | 35% | '1.2:1 | 161 |
| Mellaril | 29% | 38% | 33% | '1.2:1 | 2062 |
| MysolineD: Behavior | 43% | 43% | 15% | '0.3:1 | 136 |
| MysolineD: Seizures | 19% | 59% | 22% | '1.2:1 | 64 |
| Naltrexone | 20% | 46% | 34% | '1.7:1 | 221 |
| Paxil | 29% | 30% | 41% | '1.4:1 | 283 |
| Phenergan | 29% | 46% | 24% | '0.8:1 | 266 |
| PhenobarbitalD: Behavior | 47% | 37% | 16% | '0.3:1 | 1076 |
| PhenobarbitalD: Seizures | 17% | 43% | 40% | '2.4:1 | 480 |
| Prolixin | 31% | 40% | 30% | '1.0:1 | 91 |
| Prozac | 31% | 32% | 36% | '1.2:1 | 1123 |
| Risperidal | 18% | 28% | 54% | '3.0:1 | 616 |
| Ritalin | 45% | 26% | 29% | '0.7:1 | 3813 |
| Secretin: Intravenous | 7% | 44% | 48% | '6.7:1 | 333 |
| Secretin: Transdermal | 10% | 49% | 41% | '4.2:1 | 132 |
| Stelazine | 28% | 45% | 27% | '1.0:1 | 420 |
| TegretolD: Behavior | 25% | 45% | 31% | '1.2:1 | 1423 |
| TegretolD: Seizures | 12% | 33% | 55% | '4.6:1 | 762 |
| Thorazine | 36% | 40% | 24% | '0.7:1 | 919 |
| Tofranil | 30% | 38% | 33% | '1.1:1 | 713 |
| Valium | 35% | 41% | 24% | '0.7:1 | 824 |
| ZarontinD: Behavior | 34% | 45% | 21% | '0.6:1 | 136 |
| ZarontinD: Seizures | 19% | 53% | 28% | '1.4:1 | 93 |
| Zoloft | 33% | 33% | 34% | '1.0:1 | 321 |

| | | | | | |
|-------------------------|-----|-----|-----|--------|------|
| Naltrexone | 20% | 46% | 34% | '1.7:1 | 221 |
| Zoloft | 33% | 33% | 34% | '1.0:1 | 321 |
| Beta Blocker | 18% | 50% | 33% | '1.9:1 | 256 |
| Mellaril | 29% | 38% | 33% | '1.2:1 | 2062 |
| Tofranil | 30% | 38% | 33% | '1.1:1 | 713 |
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| Tegretol: Behavior | 25% | 45% | 31% | '1.2:1 | 1423 |
| Anafranil | 32% | 38% | 30% | '1.0:1 | 381 |
| Buspar | 26% | 44% | 30% | '1.1:1 | 328 |
| Deanol | 15% | 56% | 30% | '2.0:1 | 200 |
| Prolixin | 31% | 40% | 30% | '1.0:1 | 91 |
| Ritalin | 45% | 26% | 29% | '0.7:1 | 3813 |
| Fenfluramine | 20% | 52% | 28% | '1.4:1 | 459 |
| Zarontin: Seizures | 19% | 53% | 28% | '1.4:1 | 93 |
| Cogentin | 19% | 54% | 27% | '1.5:1 | 162 |
| Stelazine | 28% | 45% | 27% | '1.0:1 | 420 |
| Felbatol | 21% | 53% | 26% | '1.2:1 | 43 |
| Halcion | 37% | 37% | 26% | '0.7:1 | 54 |
| Amphetamine | 47% | 28% | 25% | '0.5:1 | 1217 |
| Benadryl | 24% | 51% | 25% | '1.0:1 | 2711 |
| Phenergan | 29% | 46% | 24% | '0.8:1 | 266 |
| Thorazine | 36% | 40% | 24% | '0.7:1 | 919 |
| Valium | 35% | 41% | 24% | '0.7:1 | 824 |
| Dilantin: Behavior | 28% | 49% | 23% | '0.8:1 | 1077 |
| Atarax | 25% | 53% | 22% | '0.9:1 | 477 |
| Mysoline: Seizures | 19% | 59% | 22% | '1.2:1 | 64 |
| Chloral Hydrate | 41% | 38% | 21% | '0.5:1 | 418 |
| Zarontin: Behavior | 34% | 45% | 21% | '0.6:1 | 136 |
| Cylert | 45% | 35% | 20% | '0.4:1 | 600 |
| Clozapine | 40% | 42% | 18% | '0.4:1 | 102 |
| Phenobarbital: Behavior | 47% | 37% | 16% | '0.3:1 | 1076 |
| Mysoline: Behavior | 43% | 43% | 15% | '0.3:1 | 136 |
| Antibiotics | 31% | 57% | 12% | '0.4:1 | 1799 |
| Klonapin: Seizures | 31% | 60% | 10% | '0.3:1 | 42 |

Comparative Effectiveness of Various Treatments for Autism.xls

Biomedical/Non-Drug/Supplements

| | Got Worse | No Effect | Got Better | Better: Worse: | No. of Cases |
|-------------------------------|-----------|-----------|------------|----------------|--------------|
| Vitamin A | 2% | 58% | 41% | '23:1 | 618 |
| CalciumE: | 2% | 62% | 36% | '15:1 | 1378 |
| Cod Liver Oil | 3% | 47% | 50% | '16:1 | 818 |
| Cod Liver Oil with Bethanecol | 16% | 45% | 39% | '2.4:1 | 56 |
| Colostrum | 5% | 58% | 37% | '8.1:1 | 345 |
| Detox. (Chelation)C: | 2% | 22% | 76% | '35:1 | 324 |
| Digestive Enzymes | 3% | 42% | 56% | '20:1 | 737 |
| DMG | 7% | 51% | 42% | '5.6:1 | 5153 |
| Fatty Acids | 2% | 42% | 55% | '23:1 | 626 |
| 5 HTP | 10% | 51% | 39% | '3.7:1 | 145 |
| Folic Acid | 3% | 54% | 42% | '12:1 | 1437 |
| Food Allergy Treatment | 3% | 37% | 61% | '21:1 | 560 |
| Magnesium | 6% | 65% | 29% | '4.6:1 | 301 |
| Melatonin | 8% | 30% | 61% | '7.3:1 | 573 |
| P5P (Vit. B6) | 13% | 37% | 51% | '4.0:1 | 213 |
| Pepcid | 9% | 63% | 28% | '3.2:1 | 93 |
| SAMe | 15% | 66% | 19% | '1.3:1 | 62 |
| St. Johns Wort | 14% | 64% | 21% | '1.5:1 | 84 |
| TMG | 14% | 44% | 42% | '3.0:1 | 434 |
| Transfer Factor | 8% | 53% | 39% | '4.8:1 | 98 |
| Vitamin B3 | 4% | 55% | 41% | '10:1 | 659 |
| Vitamin B6 alone | 8% | 63% | 30% | '3.9:1 | 620 |
| Vitamin B6 with Magnesium | 4% | 49% | 47% | '10:1 | 5780 |
| Vitamin B12 | 4% | 33% | 63% | '15:1 | 192 |
| Vitamin C | 2% | 57% | 41% | '18:1 | 1706 |
| Zinc | 2% | 51% | 47% | '20:1 | 1244 |

Biomedical/Non-Drug/Supplements

| | Got Worse | No Effect | Got Better | Better: Worse: | No. of Cases |
|-------------------------------|-----------|-----------|------------|----------------|--------------|
| Detoxification (Chelation): | 2% | 22% | 76% | '35:1 | 324 |
| Vitamin B12 | 4% | 33% | 63% | '15:1 | 192 |
| Food Allergy Treatment | 3% | 37% | 61% | '21:1 | 560 |
| Melatonin | 8% | 30% | 61% | '7.3:1 | 573 |
| Digestive Enzymes | 3% | 42% | 56% | '20:1 | 737 |
| Fatty Acids | 2% | 42% | 55% | '23:1 | 626 |
| P5P (Vit. B6) | 13% | 37% | 51% | '4.0:1 | 213 |
| Cod Liver Oil | 3% | 47% | 50% | '16:1 | 818 |
| Vitamin B6 with Magnesium | 4% | 49% | 47% | '10:1 | 5780 |
| Zinc | 2% | 51% | 47% | '20:1 | 1244 |
| DMG | 7% | 51% | 42% | '5.6:1 | 5153 |
| Folic Acid | 3% | 54% | 42% | '12:1 | 1437 |
| TMG | 14% | 44% | 42% | '3.0:1 | 434 |
| Vitamin A | 2% | 58% | 41% | '23:1 | 618 |
| Vitamin B3 | 4% | 55% | 41% | '10:1 | 659 |
| Vitamin C | 2% | 57% | 41% | '18:1 | 1706 |
| Cod Liver Oil with Bethanecol | 16% | 45% | 39% | '2.4:1 | 56 |
| 5 HTP | 10% | 51% | 39% | '3.7:1 | 145 |
| Transfer Factor | 8% | 53% | 39% | '4.8:1 | 98 |
| Colostrum | 5% | 58% | 37% | '8.1:1 | 345 |
| Calcium | 2% | 62% | 36% | '15:1 | 1378 |
| Vitamin B6 alone | 8% | 63% | 30% | '3.9:1 | 620 |
| Magnesium | 6% | 65% | 29% | '4.6:1 | 301 |
| Pepcid | 9% | 63% | 28% | '3.2:1 | 93 |
| St. Johns Wort | 14% | 64% | 21% | '1.5:1 | 84 |
| SAMe | 15% | 66% | 19% | '1.3:1 | 62 |

Source: Data extracted from the following report:

PARENT RATINGS OF BEHAVIORAL EFFECTS OF BIOMEDICAL INTERVENTIONS

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