

Benefits of the Sharper Mind Centers® Program

Sharper Mind Centers® specializes in **lasting solutions** for the conditions commonly diagnosed as Attention Deficit Disorder (ADD/ADHD), Dyslexia and other learning disabilities. Our mental skills/brain development program has proven very successful with many struggling children and adults. Here is a list of the most common benefits attained by clients that have completed all modules of the Sharper Mind Centers program:*



Lasting Benefits for Children and Adults

- Better able to focus and concentrate
- Better self-control; fewer emotional outbursts or tantrums
- 70% of those taking stimulant medications are off by 12 weeks
- Reading improved by an average of 3½ grade levels. (Range is 2 to 9 reading grade levels)
- Grades improved by two or more levels
- Decreased time and hassle to do homework
- Improved spelling and language skills
- Less frustration and anger
- Improved social skills, attitude and motivation
- Better hand-eye and overall coordination, and athletic ability
- Improved ability to set and attain goals
- More enthusiasm for school and life in general
- Increased perseverance without anger
- More adaptable to changes and transitions
- Increased ability to reflect and self-evaluate.
- Ability to organize projects for easily completed tasks
- Improved ability to perform productively with tasks or a job
- Increased mental edge in a competitive world
- **Parents are empowered, confident and more in control**

Other Benefits for Adults & Adolescents

In addition to the list above:

- Better able to process and access memory
- Less procrastination; greater ability to complete tasks and projects
- Better able to actualize creativity
- Better marital and personal relationships
- Reduced miscommunication in relationships
- Less frustration and anger
- Improved coordination for sports
- Better and faster decision making
- Closer bond between you and your child(ren)
- Confidence that you are doing the best possible for you or your child

**Each individual is different and specific results will vary*



Call today to schedule an evaluation or to start the program:

1-866-HELP-A.D.D. (435-7233)

www.SharperMindCenters.com