

ADD/ADHD Cognitive Skills Evaluation Summary

Sharper Mind Centers® specializes in accurate objective evaluations for the underlying conditions that produce behaviors commonly diagnosed as the inattentive and hyperactive subsets of Attention Deficit Disorder (ADD/ADHD).

The behaviors of inattentiveness, impulsivity and distractibility may be caused by a broad range of factors which can be separated into intrinsic and extrinsic (to the brain) causes.

Intrinsic factors include: lack of right-left brain integration, mixed brain dominance, True Attention Deficit Hyperactivity Disorder (ADHD), one of the varied forms of dyslexia, auditory discrimination issues, visual tracking problems, retained infantile reflexes, head trauma or stroke, and others.

Extrinsic factors include: emotional or physical trauma, poor parenting and discipline techniques, dietary related issues such as hypoglycemia, food allergies and sensitivities, parasites, heavy metal toxicity or sensitivity, learning style preferences, personality conflicts, inability of teachers to maintain discipline of more challenging children and others.

Each of these conditions needs to be uniquely addressed. While the commonly administered psychotropic medications such as Ritalin®, Concerta®, Adderall®, and Dexedrine® may have a calming effect, **they do not treat the underlying cause.** Rather the temporary improvement experienced by some often masks and distracts from correctly diagnosing and treating the underlying cause for a more long term solution.

While Sharper Mind Centers does not evaluate for or diagnose dietary related causes, parasites or heavy metal toxicity which are better left to the individual's primary care physician, we do **objectively**

evaluate for causes stemming from the aforementioned intrinsic factors as well as many extrinsic issues.

In doing so, we look for the patient's ability to correctly process information in a variety of formats. In our "battery of tests," besides using our own internally developed and proven tests, we also incorporate tests developed and validated by other researchers. We also look extensively at family and educational history, genetic predisposition, self-esteem and many other factors.

The tests are administered by one or more of our highly trained staff. Usually licensed in a medical or mental health related field, each staff undergoes extensive training in this type of evaluation as well as in the therapy to overcome the cognitive dysfunctions that may be diagnosed. The evaluation appointment usually lasts around three hours for a single evaluation or four hours if two people are being evaluated. A test report is provided to the patient family afterwards and a copy may be sent to the referring physician.

For the medical professional who in the course of a busy medical practice may not have the multiple hours or accurate tools to spend diagnosing the nuances of cognitive processes, Sharper Mind Centers can provide a welcome resource.

Due to the relatively low cost of our evaluations, we do not bill insurance for the services provided. Therefore, we require payment in full at the time of service. If the patient includes a letter of referral from an in-system health practitioner to Sharper Mind Centers, along with our invoice listing the appropriate ICD-9 and CPT codes, many patients have been successfully reimbursed.

For more information or to schedule an evaluation, contact:

1-866-HELP-A.D.D. (435-7233)

National Headquarters: 503-641-5707

www.SharperMindCenters.com



Sharper Minds.