

# Benefits of the Sharper Minds® Program

Changes reported include improved:\*

- Reading speed & comprehension (improvements range from 2 to 9 reading grade levels)
- Attention span & focus
- Grades
- Following instructions
- Memory, remembering what they see or hear
- Getting along with others
- Motivation & self-control
- Athletic ability & sports
- Work performance & employment stability
- Reduced or eliminated need for meds

\*Individual results may vary and are not guaranteed.

**Think Better! Live Better!**

To discuss your situation, or to schedule an evaluation, CALL:

**Sharper Minds®**

Call toll free:

**1-866-HELP-A.D.D.  
(1-866-435-7233)**

Please leave a message if voicemail picks up

[www.SharperMinds.net](http://www.SharperMinds.net)

**Sharper Minds.**

P.O. Box 253

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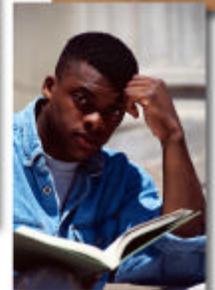
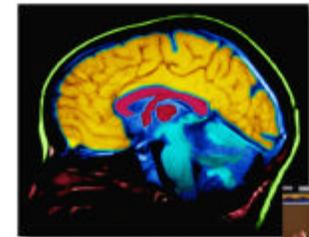
## Dyslexia? ADD/ADHD? Other Cognitive Problem?

*This simple 30-second exercise may give you some insight...*

- Has difficulty reading, has poor comprehension or is unable to extract important points.
- Has difficulty with grammar, spelling, punctuation, capitalization or spaces between words
- Reverses or transposes letters, numbers or words
- Trouble listening (words go in one ear and out the other), trouble remembering instructions or what others say; frequent misunderstandings
- Difficulty focusing or paying attention
- On medication for ADD or ADHD
- Difficulty understanding the consequences of actions
- Difficulty with schoolwork or work performance; difficulty multitasking
- Trouble completing or turning in homework; unmotivated
- Trouble holding down a job
- Easily frustrated
- Shuts down or explodes under stress
- Attracted to or addicted to computer games, drugs and/or alcohol

If you have observed one or more of these, **CALL Sharper Minds to discuss your situation TODAY!**

## Struggling with Focus, Attention, OR Reading Learning Problems?



## A Common Problem

Do you know someone, a child or adult, that may have trouble with reading, learning, attention, focus, behavior, listening or other thinking-related problems? These issues, often labeled as dyslexia, ADD/ADHD (Attention Deficit Hyperactivity Disorder) or with other names are real problems that may also lead to:

- Poor self-esteem
- Depression
- Anxiety
- Rebelliousness
- Withdrawal
- Emotional or social problems
- Behavioral problems

## ADD/ADHD Medications Only Treat the Symptoms

Ritalin®, Adderall®, Concerta® and similar stimulants are often used to treat the **symptoms** of ADD/ADHD by speeding up the brain. However, these medications cannot resolve the underlying **cause(s)** of the problems and may have substantial side effects.

## Brain Not Properly Developed

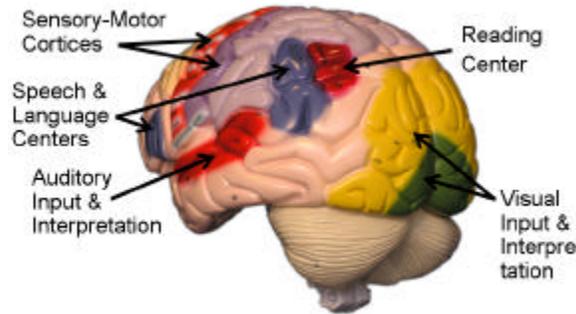
There are many possible **causes** of these reading, listening, focus and learning problems! **In many cases, the brain has not developed as it should, especially the vital left side of the brain, the side that works with words.**

***But it doesn't have to stay that way!***

## A Drug-Free Therapy that Really Works!

Through authorized providers and a guided **Home Training System**, Sharper Minds® offers an **exciting breakthrough alternative**

**that really works** for overcoming these and related issues! The Sharper Minds program is a powerful, synergistic blend of **brain development therapies**. It helps develop the right and left brain hemispheres and especially left-brain functions including listening, reading, coordination and control, and the speech and language centers.



## Lasting Improvements

By developing the brain, it speeds up naturally and processes more efficiently. The **cause** and thus the problems are eliminated or reduced. Many parents and adults report that the improvements get even better after completing the program. The realized intelligence, academic and work performance and enjoyment of life for many children and adults are greatly enhanced. And more than 80% of those who begin the program while on stimulants are able to discontinue them within six months, many within just 5-12 weeks!



## Next Steps

**CALL US** to discuss your unique situation. We will spend quality time with you and answer your questions.

If you are local to a provider, schedule an insightful comprehensive cognitive skills **EVALUATION** (call for details). **Understand the reasons WHY you or your loved one has been struggling!** You'll come away with knowledge, tools and hope!

**START** your family in a program that will help **develop their minds** and **revolutionize their futures**. We offer a variety of program options (including an effective guided Home Training System) and payment plans that are affordable to most families. Why not invest in a Sharper Mind today for the long-term benefit?

**WHY WAIT? CALL TODAY!**

**1-866-HELP-A.D.D. [435-7233]**

Justin, a 12-year-old 6th grader, couldn't write his name after 5 years in Special-Ed. Twelve weeks after starting therapy, he earned a 90% on a 20-word spelling test. 16 weeks later he was reading simple books. At the beginning of the next school year **just 7 months** later, the school tested him and said he **didn't need Special-Ed any longer!**

Rebecca, a 14-year old in 8th grade was reading at a 3rd grade comprehension level. Within 2½ months of starting the Sharper Minds program, her reading comprehension **had jumped 4½ reading grade levels** and it continued to improve.

Sierra was spending 5 hours a night doing homework and getting a C average. Six months after completing the program, she was spending less than 30 minutes a night doing homework and **was on the Honor Roll!**